

Marika Kyrimis, Ph.D.

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Education:

American University, Washington, DC

Ph.D. 2006
M.A. 2004
Area: Clinical Psychology

Brown University, Providence, RI

B.A. 1999
Major: Psychology

Professional Licensure:

Licensed Psychologist, Washington PY #60751417 2017-Present

Licensed Psychologist, California PSY #28803 2016-Present

Licensed Psychologist, New York #017366 2007-Present

Clinical Experience:

Seattle Psychology, Seattle, WA 2017-Present
Clinical Psychologist

Private Practice, Los Angeles, CA 2016-2017
Clinical Psychologist

Private Practice, New York, NY 2007-2016
Clinical Psychologist

NewYork-Presbyterian Hospital/Weill Cornell Medical Center, 2006-2007
Cornell Cognitive Therapy Clinic, New York, NY
Postdoctoral Fellow

NewYork-Presbyterian Hospital/Weill Cornell Medical Center, 2005-2006
New York, NY
Psychology Intern

George Mason University Counseling Center, Fairfax, VA 2004-2005
Psychology Extern

Veterans Affairs Medical Center, Washington, DC 2002-2004
Psychology Extern

Supervision and Teaching Experience:

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| <i>Weill Cornell Medical College</i> , New York, NY Clinical Instructor of Psychology in Psychiatry | 2008-2016 |
| <i>NewYork-Presbyterian Hospital/Weill Cornell Medical Center</i> , New York, NY Professional Associate | 2008-2016 |
| <i>American University, Clinical Psychology Graduate Program Practicum</i> , Washington, DC Supervisor | 2004-2005 |
| <i>Georgetown University</i> , Washington, DC Instructor | 2004 |
| <i>American University</i> , Washington, DC Teaching Assistant | 2001-2005 |

Psychological Testing and Assessment Experience:

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| <i>NewYork-Presbyterian Hospital-Weill Cornell Medical Center</i> , New York, NY Psychology Intern | 2005-2006 |
| <i>Children's National Medical Center</i> , Washington, DC Psychometrician | 2003-2005 |
| <i>National Naval Medical Center</i> , Bethesda, MD Research Assessment Assistant | 2001-2005 |
| <i>Psychiatric Institute of Washington</i> , Washington, DC Summer Psychology Extern | 2004 |
| <i>Uniformed Services University of the Health Sciences</i> , Bethesda, MD Research Assistant | 2002 |

Research Experience:

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| <i>Weill Cornell Medical College</i> , New York, NY Research Clinician | 2006-2009 |
| <i>Mt. Sinai School of Medicine</i> , New York, NY Research Associate | 2007-2008 |
| <i>American University</i> , Washington, DC Investigator-Dissertation Project entitled, "An Examination of Self-Compassion, Forgiveness, and Emotional Acceptance among Mindfulness Meditators" | 2004-2006 |

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| <i>American University, Washington, DC</i> Investigator-Masters Thesis “The Efficacy of Mindfulness Techniques in Improving Self-regulation” | 2002-2004 |
| <i>Regional Institute for Children and Adolescents (RICA), Rockville, MD</i> Research Associate | 2002 |
| <i>National Institute of Mental Health, Bethesda, MD</i> Research Assistant | 2000-2001 |
| <i>Kaiser Permanente Washington Health Research Institute, Seattle WA</i> Summer Research Assistant | 1998-1999 |

Professional Memberships:

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| American Psychological Association | 2000-Present |
| Anxiety Disorders Association of America | 2008-Present |
| Association for Behavioral and Cognitive Therapies | 2003-Present |
| International OCD Foundation | 2008-Present |
| International Society of Schema Therapy | 2008-Present |
| Women’s Mental Health Consortium | 2007-2016 |

Professional Certification and Training:

Schema Therapist Practitioner Certification
 Sensorimotor Psychotherapy Level I Training Certification
 Acceptance and Commitment Therapy (ACT) for Anxiety
 CBT for Insomnia (CBT-I)
 CBT for Trichotillomania
 Complicated Grief Therapy (CGT) Introductory and Intensive
 Exposure and Response Prevention for Obsessive Compulsive Disorder

Selected Presentations:

Kyrimis, M., Ahrens, A., & Baldassari, J. (2006, November). An Examination of the Relationships among Mindfulness, Emotional Acceptance, Self-compassion, Forgiveness, and Self-judgment. Poster presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Ahrens, A., Kyrimis, M., & Gunthert, K. (2004, November). Fear of emotion and affective reactivity to daily stress. Poster presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy (AABT), New Orleans, LA.